

Your 2021 membership in SaskAbilities will help provide opportunities for adults experiencing disability to fill their days with all the things that make life great.

Your membership matters.



Greetings

Every year, over 60,000 people experiencing disability use SaskAbilities programs and services. Without our members — people like you — many of these programs would not be possible, and without these programs, many people who experience disability would be isolated and alone.

We've all had a taste of social isolation thanks to the pandemic. The lack of social and community engagement has been difficult, but the experience has also led to more compassion for society's most vulnerable and a renewed commitment to combatting social isolation.

SaskAbilities has been providing programs to enrich lives for over 70 years. Our Quality of Life (QoL) Day Programs are a vital part of this effort. QoL Day Programs are offered at all SaskAbilities branches, including Regina, Saskatoon, Swift Current, and Yorkton. They provide adults experiencing disability with opportunities for community connection, personal development and recreational activities. Which brings us to the point of this letter — a final appeal asking you to support SaskAbilities with a membership donation in 2021.

Your SaskAbilities membership will support QoL Day Programs, but remember, by supporting the program you will also support the people who use the program. People like Brett, Alyssa and Courtney, the cheerful (and sometimes cheeky) trio we introduced you to in our first letter. Brett is the outgoing




Quality of Life Day Programs give adults experiencing disability a chance to dance, sing, play games, build puzzles, watch movies, go for walks and hang with friends. Members like you make these happy moments possible.

Yes! I want to help enrich lives by becoming a member or renewing today!

Name: _____
Address: _____
City: _____ Postal Code: _____
Phone Number: _____
Email address: _____

Here is my gift of: \$25 \$50 \$75 \$100

Or I prefer to give \$ _____ (See reverse for monthly giving options)

I'm paying by: Cheque   

Card #: _____

Expiry Date: _____

Name on Card: _____

Signature: _____

Prefer to make your donation online? Go to saskabilities.ca

Thank you for your Membership! Your support will enrich lives!

We urge you to become a SaskAbilities member in 2021. Let's work together to build inclusive communities for people of all abilities!

prankster, Alyssa the shy but supportive "little sister" and Courtney the upbeat dancing queen. While they are as different as can be in personality, they share a common desire to have a place to be, a place to belong. The QoL Day Program fulfills that need.

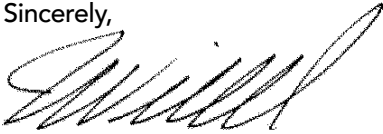
QoL Day Programs are not one size fits all. Staff work with clients and their families to help tailor everyday activities to meet the unique needs, preferences and goals of participants. That means Brett, Alyssa and Courtney have each created their own personal profile with real life goals — things they like to do, want to accomplish or need support with.



Staff use these personal profiles to support each QoL participant as they live their story and discover what makes them unique. They maintain an interactive timeline to keep everyone connected, to share meaningful moments and to track progress. Most important of all is that participants are not passive — Brett, Alyssa, Courtney and all other participants are actively involved in making choices about day-to-day activities as well as more fundamental life choices. Staff mentors are there to support them through the process.

QoL participants develop the skills they need to achieve their goals. For some, that might simply mean learning to bowl or helping to bake cookies. For others, it might mean overcoming their shyness and joining in a group dance-off, gathering on a community outing or making a new friend.

For Brett, Alyssa, Courtney and other adults experiencing disability, the world can present problems that just need some extra help to solve — that's why the Quality of Life Day Program is so important. It is a safe place to be, belong and become.

Sincerely,

 Ian Wilkinson
 Executive Director

- **Become a SaskAbilities member in 2021, or renew your membership, and help us continue creating opportunities for being, belonging and becoming for those experiencing disability.**
- **Join today with a member gift of \$25, \$50, \$75 or a leadership gift of \$150. To make your leadership gift more convenient, join our COMPANION CLUB and spread out your gift through monthly donations of as little as \$12.50 per month. Plus, with a gift of \$150 or more, we will recognize your leadership in a special category in our Annual Report, a provincial publication that illustrates our progress and achievements.**

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The Companion Club Monthly Giving Program is a simple way to make pre-authorized contributions in support of SaskAbilities' work to enhance the independence and community participation of children, youth and adults experiencing disability.

As a Companion, you can give as little as \$10 a month and by the end of the year you will have effortlessly contributed \$120. When you join the Companion Club, you also help us reduce administration and postage costs.

Please consider joining the Companion Club... because in the walk of life everyone needs a companion.

YES! I'd like to join the Companion Club Monthly Giving Program.

I would like to make a monthly gift of:

\$30 \$20 \$15 \$10 or \$ _____ per month (minimum \$10)

I will donate from my bank account. Henceforth, SaskAbilities and its agent bank may automatically debit my account on the first day of each month for the amount above. I authorize my bank to pay this amount from my chequing account. I have enclosed a voided cheque for this purpose.

This donation is made on behalf of: an individual a business

I authorize SaskAbilities to automatically deduct the amount indicated above each month until I state otherwise. I understand that I can cancel at any time.

Card # _____ Expiry Date _____

Signature _____ Date _____

Email Address _____ Phone # _____