

# MOVING FORWARD, TOGETHER.

Join us for a celebratory Stay at Home Tea as we welcome campers back to Camp Easter Seal!

Dear Friend,

Before I had ever stepped foot on Camp Easter Seal grounds, I knew of its impact from when I would ask my young patients at the paediatric clinic if they would be going back in the summer. No sooner did the words 'Camp Easter Seal' leave my lips than I would see them completely light up and begin to recount a memory or story from their time there. Work and curiosity would soon find me there as a paediatric resident, and during my time at Camp I was able to see how the shift from 'I can't' and 'it's not possible' to 'let's try' and 'we'll find a way' created so much freedom and possibility for campers.

Over the years, as I returned to Little Manitou Lake to visit as SaskAbilities' Board President and Camp Easter Seal supporter it occurred to me that the environment of Camp – the atmosphere, activities, friendships fostered, and memories created – have a significant impact. Camp can elevate anyone's spirit and brings immense joy into so many people's worlds even if they are only visiting for a short time.

The past two years have been especially hard on the many campers, volunteers, and staff who wait their whole year just to return each summer to that magical place that lifts their spirits and lights them up inside! I am happy to announce that the wait is finally over! Camp will be opening its gates once again for in-person camp activities and I couldn't be happier because I know how much it has been missed. From every corner of the province, children, youth, and adults experiencing disability will be able to return to the lush green grounds and shoreline of Camp Easter Seal.

**Please join me in celebration of Camp Easter Seal as we come together in support of a safe and successful return to in-person activities for the 39th Stay at Home Tea.**

**We can and we will...**

When we think about our future world, still navigating COVID-19, I draw inspiration from campers and their often-unwavering optimism in the face of adversity. Moving forward together might mean going slow, facing challenges with compassion and patience, and working together to keep everyone safe. Camp Easter Seal is all about finding creative solutions so that everyone can participate and join in experiences, together. This summer's camp season will certainly be no exception.




In this time of transition and moving forward, it is important to build on all the things we've gotten right and the areas we feel confident in rather than focusing on what could go wrong. When I reflect on the past two years and the important skills so many of us have had to learn to stay connected, we can use that same ingenuity and innovation today and in the future.



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Telephone: 306-374-4448 Fax: 306-373-2665  
Visit our website: [www.saskabilities.ca](http://www.saskabilities.ca)

**YES!**

**I will help empower campers!**

- ☐ I have enclosed my cheque payable to: **Easter Seals™ Saskatchewan**  
☐ I prefer to charge my donation to: ☐  ☐  ☐ 

Here is my gift of: ☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100

CARD #   
EXPIRY DATE

*Thank you!*

NAME ON CARD

SIGNATURE

PHONE #

☐ Please send an electronic receipt for my donation to this email address:



I want to become a **Monthly Donor**.  
Please see other side.

Tax receipts will be issued for donations of \$10 or more.  
Charitable Registration# 107955221 RR0001

SaskAbilities and Camp Easter Seal were created from a belief that ‘we can’ and ‘we will’. When we consider the thousands of campers who have visited Camp Easter Seal over the past 68 years, for many of them their life outside of Camp was full of barriers and challenges. At Camp, everyday limitations don’t exist as they usually do. Campers aren’t defined by what they can’t do, but rather who they are, how big their hearts are, and what they can achieve. What if we could all view ourselves through that lens? What might be possible for everyone if we all focused a bit more on what is going right, rather than what is going wrong?

The strength in Camp...

At Camp, the assumption is always - you can do the things you put your heart and mind towards. You may need a little help, and it might take a few tries, but that’s okay! If you fall down or make a mistake, there’s always someone around to help you up, brush you off, and get on with things. Even when we consider the time away from Camp, the focus was on what could be accomplished. ‘Camp Connected’ was launched bringing campers together in a new and unique format. On the ground, the pause of in-person activities meant much-needed upgrades and work could get done in record time, without affecting camp programming! Talk about getting creative and turning lemons into lemonade - or in this case, something sweeter (see attached recipe card)!

I know this summer staff and campers are going to leverage the strength in Camp – teamwork, communication, innovation, creative problem solving, and finding the joy after a tough moment or day. Things might be a little different, and that’s okay. Different is okay.

Tea and a sweet treat in support of Camp Easter Seal...

This year, as you might have already guessed, we are taking lemons and turning them into a delicious cookie. Enclosed is a spring favourite of mine, the recipe for Lemon Sugar Cookies with Lemon Cream Cheese Frosting. Feel free to personalize with colourful frosting or layer the cookies to make a lemon sugar sandwich cookie!

Join me as I send my best wishes to staff and campers on their first year back to in-person programming. I know the anticipation and excitement is growing as summer fast approaches. I would also invite you to join in the celebration by helping send a child, youth, or adult experiencing disability to Camp Easter Seal this summer. Your generous donation ensures that no one is excluded from experiencing the magic that I know firsthand exists at Camp.

As a forever supporter of Camp Easter Seal, I can tell you that it means so much to the campers and their loved ones, knowing there are people like you in our community who truly care. Your continued support of the Stay at Home Tea campaign has made a real difference in the lives of individuals experiencing disability in the province and I can’t thank you enough for that.

It has been such a pleasure to share my recipes and memories of Camp with you over the years. As a special gift, you can download a collection of my most cherished recipes online by visiting [SaskAbilities.ca](#).

Sincerest wishes,

*Ulla Nielsen*

Dr. Ulla Nielsen, MD  
Former Board Member,  
SaskAbilities  
Camp Easter Seal Supporter



YES! I would like to join the Monthly Giving Program!

I would like to make a monthly gift of:

- ☐ \$15 (50¢ a day)    ☐ \$21 (70¢ a day)    ☐ \$40 (\$1.33 a day)    ☐ My choice \$ \_\_\_\_\_  
Beginning on the 15th day of month \_\_\_\_\_ Year \_\_\_\_\_ (minimum \$5)

This donation is made on behalf of: ☐ an individual    ☐ a business

☐ I authorize Easter Seals™ Saskatchewan to automatically deduct the amount indicated above each month until I state otherwise.

☐ From My Chequing Account: ☐ I have enclosed a cheque marked “Void” and have signed below

☐ From My Credit Card:    ☐    ☐    ☐

Card #: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Expiry: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Email: \_\_\_\_\_

- ☐ **Yes!** Please send me [more information](#) on:
- ☐ Making a gift of stocks or securities
  - ☐ Making a gift in my will
  - ☐ Other:



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I have certain recourse rights if any debit does not comply with this agreement. For example, I have the right to receive reimbursement for any debit that is not authorized or is not consistent with this PAD Agreement. To obtain more information on my recourse right, I may contact my financial institution or visit [www.cdnpay.ca](#)